

8<sup>th</sup> Sunday After Trinity 2<sup>nd</sup> August 2020

## Gathering and Greeting

*Please stand*

Holy God,  
holy and strong,  
holy and immortal:  
have mercy on us.

**All Holy God,  
holy and strong,  
holy and immortal:  
have mercy on us.**

*Silence*

Eternal God, source of all blessing,  
help us to worship you with all our heart and mind and  
strength; for you alone are God,  
Father, Son and Holy Spirit,  
for ever and ever.

**All Amen.**

**All** One thing we have asked of the Lord,  
**this is what we seek:**  
**that we may dwell in the house of the Lord**  
**all the days of our life;**  
**to behold the beauty of the Lord**  
**and to seek Him in His temple.**

Who is it that you seek?

**All We seek the Lord our God.**

Do you seek Him with all your heart?

**All Amen. Lord, have mercy.**

Do you seek Him with all your soul?

**All Amen. Lord, have mercy.**

Do you seek Him with all your mind?

**All Amen. Lord, have mercy.**

Do you seek Him with all your strength?

**All Amen. Christ, have mercy.**

## Confession and Absolution

*Please sit or kneel*

Since we are surrounded by a great cloud of witnesses,  
let us also lay aside every weight  
and the sin that clings so closely,  
looking to Jesus in penitence and faith.

*cf Hebrews 12.1*

**All** **Almighty God, our heavenly Father,**  
**we have sinned against you**  
**and against our neighbour**  
**in thought and word and deed,**  
**through negligence, through weakness,**  
**through our own deliberate fault.**  
**We are truly sorry**  
**and repent of all our sins.**  
**For the sake of your Son Jesus Christ,**  
**who died for us,**  
**forgive us all that is past**  
**and grant that we may serve you in newness of life**  
**to the glory of your name.**  
**Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon *you*,  
pardon and deliver *you* from all *your* sins,  
confirm and strengthen *you* in all goodness,  
and keep *you* in life eternal;  
through Jesus Christ our Lord.

**All** **Amen.**

## Praise and Thanksgiving

*Please stand*

Eternal God, we worship and adore you with angels and archangels and all the company of heaven, saying:

**All Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

Father, hear the prayer we offer:  
not for ease that prayer shall be,

**All but for strength that we may ever  
live our lives courageously.**

Not for ever in green pastures  
do we ask our way to be;

**All but the steep and rugged pathway  
may we tread rejoicingly.**

Not for ever by still waters  
would we idly rest and stay;

**All but would smite the living fountains  
from the rocks along our way.**

Be our strength in hours of weakness,  
in our wanderings be our guide;

**All through endeavour, failure, danger,  
Father, be thou at our side.**

*Please sit or kneel*

**Motet - O nata lux** by Morton Lauridsen sung by Voces8

*O nata lux de lumine,  
Jesu redemptor saeculi,  
Dignare clemens supplicum  
Laudes precesque sumere.*

*O Light born of Light,  
Jesus, redeemer of the world,  
With loving-kindness deign to receive  
Suppliant praise and prayer.*

*Qui carne quondam contegi  
Dignatus es pro perditis,  
Nos membra confer effici  
Tui beati corporis.*

*Thou who once deigned to be clothed in flesh  
For the sake of the lost,  
Grant us to be members  
Of thy blessed body.*

**Collect**

Let us pray, with one heart and mind.

Almighty Lord and everlasting God,  
we beseech you to direct, sanctify and govern  
both our hearts and bodies  
in the ways of your laws  
and the works of your commandments;  
that through your most mighty protection, both here and ever,  
we may be preserved in body and soul;  
through our Lord and Saviour Jesus Christ,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## Epistle - Romans 9.1-5

I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit—I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

For the word of the Lord

**All Thanks be to God**

### **Psalm 17** – *Sung by Exeter Cathedral Choir*

1. HEAR the right, O Lord, consider my complaint: and hearken unto my prayer, that goeth not out of feigned lips.
2. Let my sentence come forth from thy presence: and let thine eyes look upon the thing that is equal.
3. Thou hast proved and visited mine heart in the night-season; thou hast tried me, and shalt find no wickedness in me; for I am utterly purposed that my mouth shall not offend.
4. Because of men's works, that are done against the words of thy lips: I have kept me from the ways of the destroyer.
5. O hold thou up my goings in thy paths: that my footsteps slip not.
6. I have called upon thee, O God, for thou shalt hear me: incline thine ear to me, and hearken unto my words.
7. Shew thy marvellous loving-kindness, thou that art the Saviour of them which put their trust in thee: from such as resist thy right hand.
8. Keep me as the apple of an eye: hide me under the shadow of thy wings.
9. From the ungodly that trouble me: mine enemies compass me round about to take away my soul.
10. They are inclosed in their own fat: and their mouth speaketh proud things.
11. They lie waiting in our way on every side: turning their eyes down to the ground.

12. Like as a lion that is greedy of his prey: and as it were a lion's whelp, lurking in secret places.
13. Up, Lord, disappoint him, and cast him down: deliver my soul from the ungodly, which is a sword of thine;
14. From the men of thy hand, O Lord, from the men, I say, and from the evil world: which have their portion in this life, whose bellies thou fillest with thy hid treasure.
15. They have children at their desire: and leave the rest of their substance for their babes.
16. But as for me, I will behold thy presence in righteousness: and when I awake up after thy likeness, I shall be satisfied with it.

### **Gospel Reading - Matthew 14.13-21**

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

This is the gospel of the Lord

**All Praise to you O Christ**

**Sermon**

**Music - Organ Voluntary - Choral Prelude on Genevan Psalm Tune 42 - Egil Hovland**

## **Intercessions**

### **The Lord's Prayer**

### **Apostles Creed**

*Please stand*

Let us affirm our faith in Jesus Christ the Son of God.

Do you believe and trust in God the Father?

**All I believe in God, the Father almighty,  
creator of heaven and earth.**

Do you believe and trust in his Son Jesus Christ?

**All I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the  
dead.**

Do you believe and trust in the Holy Spirit?

**All I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.**

## Dismissal

- Jesus, lord of time,  
**All hold us in your eternity.**
- Jesus, image of God,  
**All travel with us the life of faith.**
- Jesus, friend of sinners,  
**All heal the brokenness of our world.**
- Jesus, lord of tomorrow,  
**All draw us into your future. Amen.**

May you go forth into the world in peace.  
Be of good courage.  
Hold fast that which is good.  
Render to no one evil for evil.  
Strengthen the fainthearted.  
Support the weak.  
Help the afflicted.  
Show love to everyone.  
Love and serve the Lord,  
rejoicing in the power of the Holy Spirit;  
and the blessing of almighty God,  
the Father, the + Son, and the Holy Spirit,  
be among you and remain with you always.

**All Amen.**